

VOICEPIPE

TINGIRA AUSTRALIA ASSOCIATION

Issue 3 Vol. 10 AUGUST 2020



Dr. BRAD MURPHY

WINNER 2020 STONEHAVEN MEDAL

2020 JR REUNION - TINGIRA DAY - LEEUWIN BARRACKS - NAVY JR's

TINGIRA

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2017 - 2021



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Committee



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Committee



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Committee



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VOICEPIPE

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COVER

*An original HMAS Leeuwin
'plaster' crest made for the first
intake at HMAS Leeuwin 1960.*

*This crest was recently donated
to the Tingira Aust Assoc by
Navy Seapower*

Photograph - Mark Lee



Supporters & Sponsors 2020 JR REUNION

OPTUS STADIUM



City of Fremantle



On behalf of the Tingira Members, former JR's, Associates and Friends of Tingira, 2020 JR Reunion Tingira sub-committee would like to sincerely thank all sponsors and supporters for their contributions towards the coordination of the 2020 JR Reunion that was not to be

Lance Ker, Chris Parr, Mark Lee, Darryn Rose
David Rafferty, Jeff Wake, Paul Kalajich, George Daniell & Roy Stall
Tingira Australia Association - 2020 JR Reunion sub-Committee



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TINGIRA

Going The Distance



Lance Ker
President

Tingira Australia Assoc

Going The Distance - I never did school cross country to the best on my ability, however I now know the feeling of what stamina and fitness is all about after the past two years of planning and heading up the organising committee for the recently cancelled 2020 JR Reunion.

They say "once you organise a reunion you probably never do another one", I now know why! What a workload it is, I guess it was like having five weddings in five days, yeah that's a big call! This is my second Tingira reunion and throw in a Hobart reunion Annie and I did along the way, this was a marathon compared to a cross country!

Sincerely my heart was gutted the night we had to make the cancellation call. Mark really did keep his best effort for last.

This was to be Mark's 'swan song' in event management. Mark, like many of us, is heading towards retiring days for stress related fixtures like this one. Mark will complete one last term on Tingira national committee as Secretary next year, if elected, he reminds me, that's a relief!

The reunion team did volumes.

Each ran their own marathon for the exercise put before them. The boys in the West, led by Paul Kalajich, bonded brilliantly with the boys in the East, the association is a better place for this, we found so many new positives from the exercise.

Our new communication link and open doors with Navy, many new Tingira members on board, renewed Tingira merchandise supplier for future rabbits. A website experience that was at the technical height of the industry when playing with local and international \$,

numbers and database behind code systems, a uni degree required!

Then came the new group of Tingira sponsors and supporters who got behind us from the start. A big thank you to Navy Sea Power for reprinting our JR storybooks, just some of the many highlights after the cancellation disappointment.

However, the best was always going to be at the 2020 JR Reunion. The handing back of the Leeuwin 'front gate crest' from STS Leeuwin which recently occurred on Tingira Day was certainly a highlight. We will seek to place that Leeuwin crest on the front of the JR Memorial sometime soon to show our true participation in the base history over her past 80 odd years.

Then there was the weather during that second week in July? 18 degrees and sunshine every day, how good was that five day period? I feel robbed after the cyclonic conditions we experienced back in 2010.

Our Tingira singer, Amber Lawrence, would have been huge on the stage with the support of the Navy rock band. She has the number one hit this month on i-tunes with the national lock down process, we should get our own Tingira song next!

Our Tingira 2020 Stonehaven Medal winner, Dr Brad Murphy, was to be another big highlight announcement with Senior Navy executives and a few navy ships programed to be along side in Fremantle at the same time. All was approved and ready for action stations as part of the 2020 JR Reunion.

Hundreds of tickets to the AFL and the Belmont horse racing went begging, along with the naming of several of the races on the day, the 'Tingira Cup' was about to be commissioned!

And the final act was the presence of the navy band with bagpiper playing a few ACDC tunes on the Optus Oval as the entry theme into to that final night celebration part with 40 sailors and Tingira Boys parading the Giant Navy and Tingira flags. That's what dreams are made of, the team excelled to the final hurdle, thanks lads, next time, well maybe?

I say maybe, because it's just a dream right now for another big reunion. The future of the Leeuwin site is now the next big thing we should watch. We live in a very changing world today from the first month of this year. Perhaps Leeuwin might just have a new agenda going forward as I think many State and Federal governments with present and future plans are under scrutiny and review, especially concerning Defence issues on top of COVID-19 outcomes.

The Tingira national committee has moved onward setting the course for the next sprint! Working on our new 'Strategic Plan' for the five year period has been challenging but it's a good plan on the starting line for a new committee to be elected at the next AGM in first half of 2021.

The biggest thank you to sponsors and all persons who gave back many of their 2020 JR Reunion \$ refunds as a donation to our association. We are in a better place as a result of these incredible contributions; we were very much in the red (\$30k) and behind the eight ball in early March of 2020.

Status of Ship Tingira ...

"Tingira Ready to sail on, and whilst we have endured a buffeting this year, with a clear vision and strong purpose our new and energetic Committee of 2021 we will stay the course well into the future!"



**SEA POWER CENTRE
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*"Preserving and promoting our naval heritage
Sobraon - Tingira - Cerberus - Leeuwin"*



2020 JR Reunion merchandise, 150 packages waiting for postage, ready for a long journey worldwide!

AUSTRALIA POST

Reunion Merchandise Delivered

The 2020 JR Reunion merchandise was a new exercise put on the organising sub-committee after the cancellation decision in mid March. The merchandise delivery suddenly became an interstate and international a mail event, as opposed to a 'pick up collection' exercise at the reunion in Perth.

Australia Post express satchels, registered at \$25 each, was the a new no budget cost, small headache! Then to find a volunteer or two to package, ship and double check the orders, even bigger headache!

Three days and two nights later, delivering eight large orange plastic garbage bags to the local Australia Post Office Beecroft, Sydney. Each satchel individually weighed, and then checked in with manual input of receivers phone number, what an exercise!

The day we lodged 150 packages, the day before Mother's Day, the busiest day in the year for Australia Post! Of the 150 packages lodged, one returned from a deceased member, one an old address, thank you Australia Post and Post manager Lucy!

This is the final notice to ticket holders of the 2020 JR Reunion to make application for their EVENT refund.

The 2020 JR Reunion was cancelled early March this year with the Tingira website refund process commencing on 11 May. Our Terms and Conditions allowed a four week period for refunds, the committee extended the period to 30 June. The website with media release and social media have posted several notices over the period, so far we have had a 95% take up of the refund offer. Some emails bounced with changes since initial purchase date.

Many Tingira boys have been generous and made significant donations to the organisation by way of donation a portion or all of the ticket purchase, we thank them for their continued support; this has been of great benefit and relief to the organising sub-committee.

Some ticket holders had trouble submitting their refund application, two certain bank BSB numbers did not line up with our technical side of the website.



REFUND

FINAL NOTICE

2020 JR REUNION REDFUND

If you have experienced a submission problem and not lodged your application for refund, email your **BSB and Bank Account number** to the Secretary, email tingirsec@gmail.com and SEC will process a manual transaction for you. This is a final deadline of COB **30 SEPTEMBER 2020**. Unclaimed funds will transfer to the Tingira 2020 donation account for the Associations future projects.



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CN/2020/OUT/240

Mr Lance Ker
President
Tingira Australia Association
245 Castlereagh St
SYDNEY NSW 2000


Dear Lance

Thank you for your letter received 26 March 2020, it is with shared regret that I acknowledge the cancellation of the 2020 Junior Recruit Reunion. Whilst disappointing, in line with Government direction, this was prudent action to take to support the National effort. Once again, Tingira boys are placing the needs of the Nation above the needs of themselves.

During these unprecedented times, I would like to wish you, and the wider Tingira community, good health and wellbeing. As social distancing measures continue to increase, now more than ever, community is needed to ensure we all make it through this.

Please keep up the good work, and I wish Team Tingira every success as you navigate through this period.

Yours sincerely,


Mike Noonan, AO
Vice Admiral, Royal Australian Navy
Chief of Navy

3/ March 2020

HONOUR

HONESTY

NAVY VALUES
COURAGE

INTEGRITY

LOYALTY

Dr. BRAD MURPHY

2020 STONEHAVEN MEDAL



Tingira Australia Association President, Lance Ker, announced on Tingira Day, that former Royal Australian Navy Junior Recruit, Dr. Brad Murphy, from Bundaberg, Queensland, is the winner of the 2020 Tingira Stonehaven Medal.

The Stonehaven Medal is awarded to the Tingira member who can show cause in their local community or present naval duties 'above and beyond the expectations of his communities and normal call of duty'.

Tingira Boys, Ray James, Danny O'Riordan and Greg Read were also finalists in this years nomination list from members of the association.

Brad Murphy was judged as the most outstanding of the four candidates in this years nominations for his recent industry and community achievements.

"The workload and commitment that Brad has achieved and displayed amongst his Defence and Indigenous community duties left him a standout winner" said Tingira Australia Association President, Lance Ker at a recent private presentation to Brad, family and friends at his GP Practice in Bundaberg.





Dr. Brad Murphy and his wife Jackie with the 2020 Tingira Stonehaven medal

JR to Dr.

Tingira Boy Follows His Dreamtime

Rewards are a plenty for this former Newcastle teenage Sea Cadet. Joined the Royal Australian Navy as a 15 year old Junior Recruit at HMAS Leeuwin and has never looked back.

Brad Murphy, would go onwards to pursue a career in the Australian medical field, high ambitions and dreams of one day becoming a 'Doctor of Medicine' and to service his Defence and Indigenous communities.

39 years onward, 'Tingira Boy' Dr. Brad Murphy, is at the top of his tree in life and the medical profession. A man of many skills and attributes who has constantly given 'above and beyond the expectations of his communities' is honoured and awarded the 2020 Tingira Stonehaven Medal.

ROYAL AUSTRALIAN NAVY - HERITAGE CENTRE - GARDEN ISLAND

**IN PEACE
& WAR**



www.navy.gov.au/ranhc

'Home of Tingira history'



Brad's Story...

By **Dr. BRAD MURPHY**

Compiled with
VoicePipe Editor
MARK LEE



JR Brad Murphy receives the HMAS Leeuwin Sir Frederick Samson Memorial Prize for Good Citizenship trophy presented by Rear Admiral Sir Paul W. Greening, Flag Officer Commanding the Royal Yacht Britannia.

“**My mum Helen and father Alan, ran the Court House hotel in Manilla, a little town just out of Tamworth in north west of NSW. One day the publican of the near by ‘Attunga’ hotel was picking me up from school. Dropping me home he asked me “what I wanted to do when I grew up?”**

I mentioned “I was keen to be a doctor,” following on from my mother's lead as a nurse. I had enjoyed helping her on many occasions patch up the hotel guests following their Saturday night altercations in a country hotel. He said “I should consider becoming a medic in the Navy”. I don't recall why he would have said this but it stuck with me throughout my early days at this stage in life. With that conversation, at the age of 10, the words ‘navy medic’ had stuck firm in my mind.

Life in the pub was different from most kids in my school class. Apart from the bar fights, I helped mum deliver a baby in the Court House beer garden when I was 10. I guess that puts medicine and inspiration right in your face at a young age! It's also where I learnt to wash and iron all things laundry at such an early age, I was really good at ironing tea towels, table cloths and bed sheets!

The regular patrons from the pub front bar would often spoil me when I put my face above the counter. Lemonade and crispy chips when mum wasn't looking. One Christmas they gifted me a guitar, payback for all that bandaging I learned from their altercations in and outside the pub, it sits pride of place in my office today signed by many famous Australian – country music and rock stars as well as others – the origin of the nickname ‘Rock Doc’ that would be bestowed upon me down the track.

Life moved on from Manilla. Mum and dad sold the hotel and Newcastle become our new home. Dad went back to his old game of house painting, mum went back to nursing, they were happy.

1978 - As a prospering bright young country teenager now establishing a new life in the big smoke of Newcastle, on a trip to the beach at Nobby's Head we drove past the Australian Navy Cadets base of Training Ship TOBRUK, one of life's epiphanies. At the age of 13 (1978), quick as a wink, I was in uniform! Australian Navy Cadet, Brad Murphy.

On my way to navy cadets I would ride my pushbike past this huge new ship they were building at the nearby Carrington Shipyards, HMAS TOBRUK.

A new troop and transport carrier for the navy and army troops, I often wondered if one day I would be on a big ship like that? This was the start of my humble sea voyage, boyhood day dreams, there were to be so many great moments and memories like this over the coming decades. I recall upsetting one of my future shipmates when assisting HMAS VAMPIRE to depart her berth in Newcastle harbour one day when I dropped the heavy mooring rope into the water, some choice words were exchanged as he dragged the now heavier rope aboard – some memories are with you forever!

In this new navy cadet crew I took to vacant ‘first aider’ role and was quickly anointed ‘ships medic’, although I had to purchase my own first aid kit!

I very much remember a two week training exercise at Garden Island, Sydney. We were ‘camping in’ onboard the fleet maintenance ship, HMAS STALWART, the navy's floating engineering workshop. This was to be a real eye opening experience, suddenly my veins were converted to ‘navy blood’.

I met a few of the Stalwart medical sailors in the ships sickbay; who would have thought that in years to come, some of them would become my best navy mates. These guys were a great inspiration to me as a young wide eyed teenage country kid on a navy camp holiday, they even refilled my little first aid kit to overflow status.

Telling mum that now I was really keen to join the navy she did not hold back, instantly upping my status and taught me to wash and iron all my own 'kit' as good as when I did the hotel laundry back in Manilla. Learning these skills at a very early age had me in good stead for the navy. I consolidated the uniform maintenance skills, learning to iron bell bottom trousers with the 'seven seas', spit polish boots and shoes to see your face and sew badges and buttons; this would all prove to be such a great positive skill in my early navy Junior Recruit days.

My love of all things navy suddenly made me very curious when I was about 14. I was one many local lads that were regular visitors to the local Defence Force Recruiting Office, collecting navy recruiting posters and glossy colour handouts with warships at their finest. I could recite the vessels statistics, cruising speed and ships compliment, Navy was now certainly in the blood!

The day I turned 15, I applied to join the navy. After the initial testing and medical check I was recruited, what a moment the day I opened that yellow envelope!

*

7 JANUARY 1981 - From downtown Newcastle onto a country train trip to big smoke Sydney. Next stop; Navy Recruiting Office.

I am in a large office type room with 30 other boys with a mixture of street clothes and combination of 'all styles' haircuts amongst the group. A navy Chief rounds us up into a small group. Huddled into the front of the room, all standing at ease but shivering in our boots, we were all guessing what was next?

A Navy Officer in his neat white shorts, white shirt, white socks and white shoes appears from the door in back of room, quick introduction he commences our induction ceremony. "Hand on bible lads, repeat after me the allegiance to the Queen. Now you are in the Royal Australian Navy". Bus ride to mascot airport, within hours my first ride on a plane, to Perth, what a day, what a journey, Newcastle to Fremantle!

Recruited into 74th Intake of the navy Junior Recruit Training Scheme. Based on the foreshore of the Swan River at HMAS LEEUWIN, East Fremantle, Western Australia. Along with 59 other lads all from the wide spaces of Australia, we were all as excited as we were petrified, what had we got ourselves into?

I was put in Stephenson Division. Within 48 hours we have new navy uniform kits, haircuts, money, washing powder, an iron and a housewife kit, to sew buttons and badges, I was right at home!



The amphibious heavy lift ship, HMAS TOBRUK was laid down at Carrington Slipways, Tomago, Hunter River, NSW, February 1979. Launched Saturday 1 March 1980 by Lady Anna Cowen, wife Governor-General of Australia Sir Zelman Cowen.

For the next four months it was full on, marching drill, gunnery drill, seamanship, normal high school classes six hours a day, sport, religion and first aid, I'm loving this. After this I was hoping to get a position in basic medical training as my next big step in my new navy career.

Instead I was destined to become a navy Radar Plotter, inside a ships blacked control room, watching a screen for surrounding ships and aircraft. As there were no vacancies for medics amongst our intake this looked like it would be my calling. I was deeply disappointed with my focus being squarely on being a navy medic at the time. I still had that vision of one day becoming a doctor.

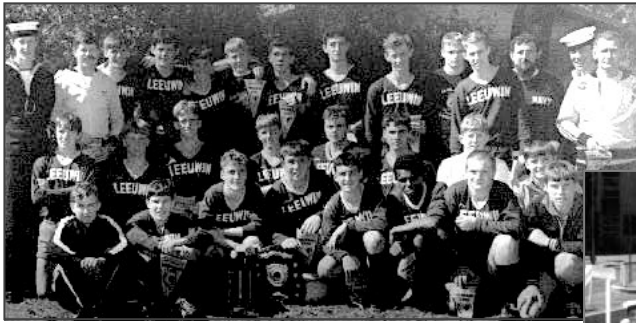
One morning my Divisional Officer, called me to his office. I'm in big trouble here I thought.

Then a lucky break in life. I have had a few but this was very special so early in my career.

I was selected to be an 'Officer Candidate' (OC) a very unique opportunity for me at the time, with the promise of studying towards a degree in Medicine – a Naval Ship's Surgeon! I spent a good deal of my time at HMAS LEEUWIN alongside my Junior Recruit shipmates - them learning parade drill with SLR's and OC Murphy, learning sword drill!

After months of extra study into my Officer Candidate course some bad news came my way. The navy would no longer fund medical school training with changes towards graduate-entry level Officers. I was offered a position on a Basic Medical Training course at HMAS CERBERUS, Crib Point, Victoria.

I grabbed the opportunity. I'm now in the medicine category, I was at the bottom of the ladder as a seaman trainee, however, I was now on the right ship, Dr. Brad one day?



Undefeated 1981 Leeuwin
Rugby League champions,
player to First Aider



1981 - 74th Intake
HMAS Leeuwin

I left Officer Candidate training and returned in time to graduate with my Junior Recruit entry mates after a rapid focussed drill training course in order to be able to participate in the graduation pass out parade.

Special highlight at Leeuwin was as a member of the Rugby League team that went through the season in 1981 against local civilian teams as 'Champions' undefeated. I received the 'Clubman Award' strangely enough as the teams first aider. I played in the team for the first part of the season, broke my collarbone training for Rugby Union which took me out of the Rugby League team, however, I continued as part of the team as the first aider.

Another sweet memory was a local group of young ladies preparing for their debutante ball were all accompanied by the Leeuwin JR's from our intake. You don't forget attending many weekly dance lessons and practice sessions. Completing the Debutante Ball with my partner Angela, me in winter dress uniform No. 2 complete with white triangular arm sling, there's a picture, next page!

Whilst at Leeuwin, my love for medical in these early days resulted with my weekend voluntary participation in the local Fremantle St John Ambulance Brigade.

I recall the thrill of attending the speedway one night as one of the community duties. I was given special leave, this was so good at the time! I was a good student at St John's and enjoyed all the practical challenges it put before the young group of fellow local teenagers.

DECEMBER 1981 - Graduation day - Mum made the trip west to Fremantle, I was so excited to see her. Marching was easy, it was a great relief by time it all ended. To my great surprise, I was awarded at the graduation ceremony the 'Sir Frederick Samson Memorial Prize for Good Citizenship'. The trophy was presented by Rear Admiral Sir Paul W. Greening, Flag Officer Commanding the Royal Yacht Britannia, that was visiting Fremantle at the time. This was a big bow in my tally band at the time!

1982 - HMAS CERBERUS, Crib Point, Victoria, the coldest place in the world and I'm a long way from my warm childhood days back in country Manilla of North West NSW.

Into the navy training system I went, medical training was a dream come true for me at age 16, again I excelled at training and was dux of my course. I won the role of the 'team medic' for the local Crib Point AFL team; this was real hands on weekend work, few pegs up from my Fremantle days at St Johns. I felt I had just gone from band aids to bandages overnight!

Interestingly at age 16 we had a midnight curfew so only "overnights" where by way of sponsorship for me with POMED Ray Dybala and his lovely wife at their home - Thanks guys!"

After many months intensive training we were certainly a bit more than the average nurse with 'L' plates. We were thrown right into front end navy postings, where day to day medical was first stop for all Sailors and Officers at all levels to be 'medically fit' for sea duty.

Following a successful HMAS CERBERUS graduation, I was posted to HMAS PENGUIN, Balmoral, Sydney.

After another long interstate rail journey from Crib Point to Balmoral, I am then confronted with the situation that there is a surplus of navy medics at the navy hospital HMAS PENGUIN. Being the junior sailor, I was sent across Sydney Harbour to HMAS WATSON, Watsons Bay.

New role in life, scullery duties washing dishes, pots and pans in the Junior Sailor's mess, think I might be back at dad's old pub! Those were the days, got my hands dirty and very clean in the process. I'm still only just turned 17, interesting times.

Several months later I was I returned back to HMAS PENGUIN. Continuing my medic career, this is where the RAN hospital is located on top of the hill overlooking the northern end of Sydney harbour, it has to be the nicest navy establishment in Australia.



JR Brad Murphy, white sling, far right, good on the night for the local 1981 Fremantle Debutantes Ball.

1983 - I then spent 12 months at HMAS KUTTABUL sickbay on Garden Island. I never got to experience any real sea time as a medic apart from a few day trips aboard some Oberon Class submarines. The staff at HMAS PLATYPUS organised these jolly's for us. When they had civilians or senior Naval VIPs on board they would have a navy medic on standby. I had the opportunity of deploying from HMAS PENGUIN on several occasions to do these submarine trips. This was a big highlight for me at the time, it was certainly an insight into the lives of submariners working in close quarters - hot bunking and the likes!

St John featured whilst at HMAS PENGUIN as I worked with a fellow medic 'Squizzy' Taylor from South Australia, we manned the first aid room on Balmoral Beach on weekends. I also spent many weekends teaching first aid at the Headquarters for St John Ambulance Association in central Sydney for community and some corporates - where I taught my first of many classes for managers at Kentucky Fried Chicken throughout Sydney.

During my time here in these early days at HMAS PENGUIN. I was allocated to work in the Laboratory and later assisting Surgeon Commander, John Anderson. I had some good times and experience at the Pathology Lab at Penguin. Working with Steve Moore and the Pullman brothers when automation was being introduced to the lab. Learning to do the tests mostly manually was a real challenge, you would rarely see this done today. It was a time when HIV had just been identified in 1983. I was studying up on this and gathering statistics through the HIV Bulletin.

Surgeon Commander Anderson, had been Medical Officer in the '70s at HMAS LEEUWIN. I worked as his personal assistant as D/MOIC including assisting with medical re-categorisation of sailors for sea-going suitability and medical discharge from the RAN.



HMAS STALWART - Building 215 GI



HMAS PENGUIN - Navy Hospital



New Career - NSW Ambulance Service



A very proud Dr Brad Murphy with family and friends presented with the Tingira 2020 Stonehaven Medal

After a 12 month posting at HMAS PENGUIN, I am sea rostered to join HMAS STALWART. Well, not really sea time, she is known as building 215 at Garden Island as she sits off an anchor with her rear against the sea wall looking up harbour, told she only goes out once every two years. Sea time on HMAS STALWART, extra wages, that's what counts as an 19 year old!

Sea postings were slim pickings for Able Seaman Medics - too many medics and so few ships, different these days. The posting HMAS STALWART was to be such an exciting step in my career but I did not get to take up the posting, an accident causing a significant back injury put paid to that notion.

I experienced many new challenges with lower back pain due to the accident which then saw my first sea posting to HMAS STALWART cancelled. I was replaced by one of my best mates, ABMED Ian McLaughlin, who took my place and is one of my life's terrible reflections of consequences.

Ian lost his life in a gassing accident at sea onboard HMAS STALWART October 1985.

It has always been important for me not to reflect on "that could have been me" as even if I had been there I may not have suffered the same terrible fate. I have carried a lot of guilt knowing had I been there, that Ian would not have been, as such this has been a motivation of mine throughout life to ensure I don't waste the opportunity I have been afforded as a result of this catastrophic situation, R.I.P. AMBED Ian McLaughlin - gone but not forgotten).

The way the navy handled his death and the resistance towards the opportunity for his very close mates to attend his funeral in Melbourne ended up with the family approaching one of the Current Affairs programs at the time resulting in us being able to attend.

I recall the Surgeon Captain, John Clift, held a "clear lower decks" stating the words to effect that the unrest was unwarranted as he should have expected to

sacrifice his life enlisting in the Navy - the problem was this was not wartime or active service it was a sad and avoidable accident.

Suddenly I am promoted to Leading Seaman during this period, I am now 20 years old, I have a new girlfriend Maria and life is suddenly at a turning point for me. This was all a bit of a shock to me. Serving during what DVA call 'the Great Peace' I had the opportunity of doing ride-alongs with the NSW Ambulance Service Intensive Care Paramedics and saw all those emergency skills in action – Ultimately this led for me to leave the navy in May 1986 to embrace a new career as a NSW Ambulance Officer.

Of special interest I recall the XO of HMAS PENGUIN who heard my discharge application at my own request said ***"Leading Seaman Murphy, you will be back inside the navy within six months"***. I believe these comments to be true to this day, had I not embraced a new career opportunity joining the NSW Ambulance Service at the time of discharge.

*

1986 - The camaraderie in NSW Ambulance was similar to navy days. I easily transformed to this new breed of civilian lifestyle without having to re-enlist back into the navy. I think the background of all this lay in the absolute unwavering trust you place in your mates to have your back always in episodes of conflict and threat of danger. This similarity between Defence and Emergency Services is why I feel so many of us find our post-military comfort zone in such careers, I was no exception, it was to be blue skies ahead, but there was still the dream to one day become a Doctor of Medicine.

After completing ambulance training in Sydney I was posted to small country town of Hay, far west country NSW which was where my father grew up, small world!



Brad and his very proud wife, Jackie, display the Tingira Stonehaven medal with Tingira President Lance Ker and his wife Annie.

1988 - Lots of high speed road trauma and firearm incidents. Small country town, many opportunities to engage in the community and found myself on many local committees. I almost ran for local government at age 23, a real 'proving ground' with so many lessons and positive experiences. A highlight was certainly in receiving the Australia Day 'Young Citizen of the Year', good medicine for me at this point in my life.

2000 - Queensland Tertiary Admissions Centre (QTAC) offered a new course at James Cook University (JCU) Bachelor of Medicine/Bachelor of Surgery. I applied, was accepted and graduated 2005.

2003 - As a young aspiring medical student, the Federal Australian Medical Association (AMA) awarded me the 'National Best Contribution to Healthcare in Australia' award. Very humbling to be honoured by this prestigious association recognising a 'road less travelled' getting to this juncture in life. A new medical school brings many more opportunities to be a part of new committees and opportunities and I relished being part of this and gave me a taste for medico-politics and a chance to meet many great mentors.

2005 - I became the Chairperson of the National Rural Health Network (NRHN) representing the rural health clubs at all universities around Australia with over 5,000 members. This was such a great experience embracing all health rather than just medical and a chance to sit at the table on several occasions in our Nations Capital with the Prime Minister and Health Ministers of the time advocating for changes in health training across the country.

2007 - My indigenous background and heritage offered me the privilege of being a founding member of the new National Advisory Committee for Aboriginal and Torres Strait Islander Health at the Royal Australian College of General Practitioners (RACGP). This was the start of a very exciting phase in my life advocating for Aboriginal and Torres Strait islander people at a national and international level.

2010 - I founded the National Faculty of Aboriginal and Torres Strait Islander Health within the RACGP whilst still studying towards Fellowship to be a fully qualified General Practitioner. Chair of this new Faculty came

with a position of six years on the Royal Australian College of General Practitioners (RACGP) National Council. The position gave me opportunity and a great insight into the medico political arena. Life's lessons continue to broaden including an opportunity to participate in the World Medical Association Leadership Development Program at the Prestigious Executive Business School INSEAD in Singapore (*I finally got to Singapore but by this time there had been many changes!*)

I have worked from Central Sydney to Central Australia. Have met many amazing individuals and communities and learned so much about medicine and health and what makes people tick. It is the collection of these people and the experience – A well rounded life experience opportunity - that I feel has now prepared me for my ongoing career as a Specialist General Practitioner.

A new challenge has opened before me, complex and demanding, the field of negotiating with the national Department of Veteran Affairs (DVA) and the various legislations that affect veterans. With my General Practice attracting a growing veteran base and the realisation of the complexities and the relative shortfall in understanding amongst both the medical and veteran community alike. I have realised an opportunity to learn and share these lessons with my colleagues locally and nationally to support our veteran brothers and sisters and their families through their post military lives. I had the opportunity of working with Rear Admiral, Jenny Firth whom I served with when she was a Surgeon Lieutenant, a great opportunity and honour to work alongside once again in such a positive manner.

The aim is to work with DVA to optimise the potential outcomes for my veteran patients and their families. Often the journey to negotiate entitlements with DVA is a different situation to that required for long term health support, not unlike Workers Compensation.

The veterans journey can often exacerbate psychological aspects of their injuries and military experiences. There is a need to increase focussed support throughout this period.



Dr Brad Murphy reaching the heights of his profession, honoured as the 2019 QLD Country Practice of the Year

My lived experience assists me daily with my interaction with patients. We all have individual and unique journeys but often those shared experiences can create links on which you can launch the trust needed to have difficult conversations and challenging journeys. That is the core of general practice. I am certainly proud to use these experiences in caring for my veteran and Indigenous patients.

2016 - I was awarded 'Indigenous 'Doctor of the Year'.

2017 - I work closely with many former defence colleagues in the medical and political circles inside the corridors of power in Canberra. I enjoy what I have to offer in knowledge and experience when advocating for veterans and education of GP's and their teams on matters relating to DVA and veteran support. In the past I was not real keen on the winter sojourns south but with the drastic changes as a result of COVID-19 who would ever have forecast the changes we have seen around the country and globally! Changes to travel and the way we work and the pressure to stay at home is order of the day. Certainly a huge challenge to the way we do medicine and healthcare in general practice.

2018 - My daily routine is fast and demanding. I own and operate a general practice in Bundaberg, Ashfield Country Practice. A distinct focus on defence veterans and their families' health is the major client base. Building upon specialised services for veteran, families and local Queensland indigenous communities is the road I have been heading down over the decade since establishing my feet on the ground here in the Bundaberg region.

My wife Jackie is my right hand in the practice. General Practice is complex and embraces so many aspects of medicine and healthcare – a real 'Specialist in Life' is the RACGP advertising campaign and that is what we do. A real team-based approach to optimising outcomes in the short and longer-term for all our patients and the wider community

I have a reliable network of specialist colleagues with whom I work with. Former RAN Surgeon Lieutenant (Dr Chris Blenkin) has been following my career since the days when I was a Leading Seaman medic on board HMAS PENGUIN. Chris and I now have the chance of working together as I refer to him my 'upper limb' orthopaedic patients to his Brisbane-based practice. I had the chance to keeping a watchful eye out for his son as a contender in the Famous Fred Brophy Boxing Troupe tent in Birdsville in recent years – isn't that what mates do?

Last year the practice won the RACGP National 'General Practice of the Year'. A big surprise, at the same time a real honour and large feather in our cap, certainly serves as justification for all the hard work that goes on behind the scenes for a well oiled machine to be effective, especially in these challenging times caused by COVID-19.

Touching back to navy days is perhaps one of my saddest memories. I don't think many sailors would have seen the 'birth and death' of a ship, I have. From those early navy cadet days in Newcastle and then as a sailor, I watched the construction of HMAS TOBRUK, her commissioning and then followed her sea duties for the next few decades. Roll on 30 odd years.

Late last year I was saddened to witness the sinking of 'my' former ship HMAS TOBRUK off the coast here in Bundaberg, she now serves as a dive wreck. A little like myself really with a navy career starting in Newcastle and many adventures along the way before settling in Bundaberg.

Modern technology gave me the opportunity of making contact with my old shipmates of the 74th JR intake and discovering about the TINGIRA Australia Association via Facebook groups. Suddenly I found a 'tallyband' that covered many of my former shipmates, all 13,000 of them! The HMAS LEEUWIN, Junior Recruit Training Scheme, I was a Tingira Boy!

I couldn't sign up for that Tingira Foundation membership quick enough back in 2011. I wear the silver lapel and stripe tie so proudly. The Tingira association and the RSL have really opened my eyes to commemoration events and the importance of catching up with old navy mates and making new navy mates; in the moment it all seems just like yesterday.

From this experience I can see how some of today's navy veterans really 'hang on' to those old tally bands of the ships they served in. For me those days at HMAS LEEUWIN are top of the tree for me, that's where this adventure really started and still holds great memories of a journey commenced at the tender age of 15 – I would do it all again in a heartbeat!

2019 - Former HMAS TOBRUK is laid to rest off Bundaberg and I have some of her featured at the surgery. The 'Crows Nest' is in our garden memorial, a bulkhead door and portholes will be featured in future renovations. These items and others gifted to us by patients from their service days spark many conversations amongst both visiting veterans and patients as they reflect upon their adventures and engagements with HMAS TOBRUK and other RAN ships and military adventures.

I was one of many in our navy vintage really looking forward to the Tingira 2020 JR Reunion in Perth last month. That's all history now with Covid-19 changing our lives past, present and no doubt the future for many of us! I feel the pain of the sub-committee, two years of work

just out the door, I hope that they can just keep things rolling, what an effort!

We commemorate Anzac Day at my medical practice. I have built a small memorial centrally in the gardens, with the help of many local veterans in this close knit community. It has become a big event and serves as a great opportunity to support and acknowledge the 'trials and tribulations' of our veterans and establish our practice, grounds and team as a safe and supportive practice for veteran care.

2020 - Informed that I have won the 'Stonehaven Medal' was just a very special moment. How proud I am, did not see this one coming. Presented the Stonehaven Medal by the Tingira President, Lance Ker, one of the many former JR's who worked on Tobruk last year making her ready for that final sea voyage, it all seems like a big dream!

In reflection, this storybook clearly shows how focussed I was on this medical career. I still only have that Year 10 education - now I am Associate Professor at Australia's Private Bond University.

I am very honoured to be awarded this prestigious award by my fellow navy shipmates, this is top shelf, thank you Tingira, **who would have thought from JR to Dr in this 39 year journey!**

Thank you Australian Navy Cadets, Royal Australian Navy and long live TINGIRA, my shipmates for life!



Dr Brad Murphy and his wife Jackie proudly display their certificate for 2019 QLD Country Practice of the Year and then went onto to win the National award.





Welcome back on deck
Danny O'Riordan
Queensland



Welcome aboard
Graeme Hunter
Victoria

POSITIONS VACANT

STATEWIDE SA-NT-TAS

LJR's

The 2021 Anzac Day meeting point,
custodian the Tingira banner, refreshment location,
group photograph, scribe a few words, repeat on July 13 Tingira Day

Contact Tingira Secretary if you can assist
Email. tingirasec@gmail.com

" Your new Tingira Anzac Day banner below is ready to roll out "

CS & NSS SOBRAON

1866 - 1911

HMAS LEEUWIN

1960 - 1984

I SHALL MAINTAIN



HMAS TINGIRA

1912 - 1927

LEARN or DEPART

HMAS CERBERUS

1963 - 1965

FOREVER VIGILANT

1-1-11



RSL DefenceCare

Through RSL DefenceCare, RSL NSW helps Australian veterans and their families in times of injury, illness or crisis.

Services include DVA claims and advocacy support, counselling, disaster assistance, financial assistance, and housing assistance. These services are free of charge and are available to veterans in need, as well as the families of veterans.

Military service can have an impact on the wellbeing and quality of life of individuals and their families. This can include physical and mental illness and injury. The impact can also extend to family members who support an ill or injured veteran.

Through the services RSL DefenceCare provides, RSL NSW aims to help Australian veterans and their families get through difficult times.

Visit the [RSL DefenceCare website](#) to find out more.



Get the help you need now



Presented from Navy Seapower to Tingira Australia Assoc - An original HMAS Leeuwin plaster crest

TINGIRA DAY

OUR NATIONAL CELEBRATION



CANBERRA REPORT

Fun night at the 'Tingira Day' dinner celebrations in Canberra.

Members attending, Paul Smith, Russ Crane, Terry Greaves, Peter Guy and Eric Pitman.

The celebratory 60th birthday cake was cut, consumed with coffee and celebrated with a few drops of rum, a great night was had by all, although we would have preferred to have been in Perth with former shipmates at the 2020 JR Reunion.

There was much discussion around Covid-19 experiences, ANZAC Day 2020 and 21, plans for next years birthday celebration, volunteers for national committee and spinning warries of course!

ENDS REPORT - ERIC PITMAN - ACT





Sydney Birthday Cake and Commemoration booklet

TINGIRA DAY

OUR NATIONAL CELEBRATION



SYDNEY REPORT

Tingira Memorial Rose Bay, was the place to commence the evening of Tingira day celebrations as we braved the cold 8 degrees evening winds as the distant storm clouds held off.

Tingira Associate members, young Donna Parr and Senior Ruth Harman, unveiled the two new Tingira banners. Vice President, Chris Parr, read the Naval Ode, Secretary gave his annual brief Tingira history lesson. New member No.750 LCDR Tim Binns was presented with his membership and Rose Bay RSL sub-Branch President, Lee Stockley and Margaret Lee led the two versers of the Australian National Anthem. Several passing residents joined in for the occasion on the Memorial, she was a pretty picture at night, floodlit under the nautical flags at full 'dress ship'.

Club Rose Bay - Former Tingira President, Greg Read, was on hand to donate a fine dinner to us all from his Cumberland RSL sub-Branch. We enjoyed the company, chat and drinks into the late hours of that Saturday evening, another great Tingira Day by all with the finishing group photograph to cut the birthday cake before consumption with coffee and rum!

ENDS REPORT - MARK LEE - NSW



**SEA POWER CENTRE
AUSTRALIA**

Proud supporter
Tingira Australia Association

*"Preserving and promoting our naval heritage
Sobraon - Tingira - Cerberus - Leeuwin"*



Presented from STS Leeuwin to Tingira Australia Assoc - The original HMAS Leeuwin front gate crest

TINGIRA DAY

OUR NATIONAL CELEBRATION



FREMANTLE REPORT

With a bit of post reunion cancellation effect due to the COVID-19 pandemic organising motivation for the WA birthday was a little lacklustre but, with plenty of support from the WA Tingira Boys we shaped together a wonderful night. Being fortunate to be in WA the relaxed regulations enabled us to have 17 attendees on the night plus a Guest of Honour.

Cake organised, platters booked and beer flowing the WA troops met at the Tradewinds Hotel East Fremantle. Greg 'Whale' Humphris and his wife Janice dressed the room with Tingira and Leeuwin mementos, pictures and historical pieces from the Museum they manage in Rockingham.

As the event started, we also welcomed the CEO of STS (Sail Training Ship) Leeuwin Carol Shannon. Carol is a significant supporter of the Association and was the key to the Sailing expeditions that were to be held at the reunion. It was during the discussions with Carol that we were invited to view a memento from the Training Establishment we all know all too well. The STS Leeuwin team had acquired the Ships Crest from the front gate of the JRTE. It was with great honour the WA boys were proudly presented back with 'our' crest from Carol of behalf of Leeuwin. The crest had adorned the wall of the sail shed and the Leeuwin crew adopting the 'I shall Maintain' moto.

The 'presso' completed and the birthday cake cut very ably by our 2nd intake (Cerberus) representative, Ed Devere, the team settled into a wonderful night of sharing stories, having a couple of ales and enjoying the evening.

Thank you to all the Lad's and partners that attended. All events in WA are open events and we'd love to see more of you join us.

ENDS REPORT - PAUL KALAJZICH - WESTERN AUSTRALIA

ROYAL AUSTRALIAN NAVY - HERITAGE CENTRE - GARDEN ISLAND

**IN PEACE
& WAR**



www.navy.gov.au/ranhc

'Home of Tingira history'





Jackley's Bakehouse, Cairns, loves our Tingira birthday cake challenge!

TINGIRA DAY

OUR NATIONAL CELEBRATION



CAIRNS REPORT

Tingira Boys mustered at our local meeting point, Cairns RSL to again celebrate Tingira Day in the tropical north of the country.

Shipmates joining me for the event, Brian Hite, Clint Morcom, Kevin Shanks and Lance Armstrong-Waters. Numbers were small due to the COVID-19 restrictions, however an enjoyable occasion for all.

With an evening meal, catch up over a quiet beverage with many a dit and warry spun going back to our Leeuwin days and sea time.

Many of us reside in the local Cairns area, shipmate Kevin Shanks, came ashore from his yacht moored in Cairns Harbour. Here with family and crew seeking refuge from COVID-19 before continuing his voyage further north up the Queensland coast.

To overcome the risks associated with a communal cake cut we had an ample supply of 'Tingira' cup cakes baked, decorated and supplemented again by Jackley's Bakehouse, a great Tingira birthday supporter.

Thank you to those who attended and those who wanted to attend but could not, Perth would have been great, however we were there at Cairns RSL, happy 60th birthday Tingira!

ENDS REPORT - ROD HOWARD - NTH QUEENSLAND



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Brisbane Boys Tingira birthday cake

TINGIRA DAY

OUR NATIONAL CELEBRATION



BRISBANE REPORT

Tingira Boys 60th Birthday celebrations were hampered by uncertainty and unavailability due to COVID-19 but we marched onwards!

A small gathering of lads and ladies met at the Wynnum RSL to celebrate our Diamond Jubilee with memories of Perth as what could have been. Members travelled from afar as Esk & one of us visiting from Papua New Guinea who happened to be catching up with family in Brisbane at the time, that was great effort.

Although small in number it was an enthusiastic event which was supported by Wynnum RSL, who supplied a few free beverages that made the salt fly and memories of how good we were all the more believable. The birthday cake and coffee were a treat to finish a good night

Hoping to catch up again with Tingira Boys prior to Christmas for end of year celebration with more navy mates. Venue to be determined possibly early December, watch the Tingira website for final details.

Any interested parties please contact - tingiraqueensland@gmail.com
Looking forward to future get togethers, everyone welcome

ENDS REPORT - DANNY O'RIORDAN - QUEENSLAND





Dress Ship at Tingira Memorial, Rose Bay, Sydney - Diamond Jubilee Tingira Birthday celebrations

TINGIRA AUSTRALIA ASSOCIATION
President, Lance Ker & National Tingira
Take the

AUSTRALIA ASSOCIATION
President, Lance Ker & National Tingira Committee
Take the pleasure to host

TINGIRA BOYS & Partners

With former and present RAN Junior Recruits, partners and friends
60th Diamond Jubilee Reunion - Tingira Birthday Dinner
OPTUS Stadium - River View Box
 Level 3 via Gates A & B, Victoria Park
 1800 hours

Level 3 via Gates A & B, Victoria Park, Burswood, Western Australia
1800 hours to 2330 - Monday 13th July 2020

THREE COURSE GALA DINNER & DANCE
BEVERAGES - TINGIRA DAY HAPPY BIRTHDAY - RAN ROCK BAND
AUSTRALIAN INTERNATIONAL SINGER AMBER LAWRENCE

GENTS - Black Tie, ADF uniform, miniature medals
LADIES - Formal black with splash of yellow, ADF uniform, miniature medals

Gentlemen without a coat & tie, will not be admitted

Gentlemen without a coat & tie, will not be admitted



TINGIRA
AUSTRALIA
2020
JR REUNION



CUMBERLAND



TICKET No.

No. 0001



RAN JUNIOR RECRUITS 1960 - 1984

Entry ticket and table matt for the cancelled 2020 JR Reunion - Diamond Jubilee Tingira Birthday Dinner

DATES ARE JUST NUMBERS

1912 - 1960 - 1986 - 2011 - 2020 - 2021



Tingira Associate members, Ruth Harman and Donna Parr, unveil the new Tingira banners

For the past eight years, Tingira Secretary, Mark Lee, has given an address on Tingira Day to the association members to shine light some of our unknown history, the story continues ...

“TINGIRA DAY - This 13th day July this has now become our most cherished day in our Tingira history and our future. The theme to tonight's address is “its all about numbers and HMAS Leeuwin.

This evening - Myself, Chris Par, David Rafferty and Darryn Rose with our wives were due to be in Fremantle. Watching the sunset on the Swan River from the quarterdeck of the Sail Training Ship LEEUWIN with over 800 other former Tingira Boys.

Travelling from all corners of the globe to be part of the 2020 Junior Recruit Reunion for the next five days, however NOT to be, thank you COVID-19.

This was to be our biggest ever JR reunion event; for many it would be their last ever reunion, we are young in our 50's with the elders heading towards their 80's, our average age today is 65.

Here on the quarterdeck of this Tingira Memorial we can think ourselves very lucky tonight.

Our newest Leading Junior Recruit in Victoria, Graeme Hunter, would so dearly love to have his group of Victorian boys gathered in their ranks at the Frankston RSL this evening. However, we know all things Melbourne this week were not good, next year for Graeme and his crew we hope.

Today many of our Tingira boys are united with similar commemorations and birthday celebrations happening this evening in Cairns, Brisbane, Canberra, Fremantle and many other small towns across the country.

Our President, Lance Ker sends his apologies, he is still on boarder 'lock out' in his hometown of Coral Coast, Queensland.

The 2020 JR Reunion was a two year event in the planning. The cancellation process took about 10 minutes after we heard of the cancellation notice of ANZAC Day, Grand Prix, Sydney Show. The world was going into lock down mode from that second week in March 2020.

We had a great program in place for the five days in WA, we also had many surprises in the pipe line along the way. Some of those surprises we will share with you tonight.

The first - is the winner of this years 2020 Tingira Stonehaven Medal.

Right now, we were to possibly have Chief of Navy, Mike Noonan, announce the winner at our evening function. I am not quite of the same status that CN holds, so no big speech. I will now read a brief section of tonight's Tingira Media Release posted on our website only moments ago at 6pm.



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Tim Binns, our 750th Tingira member receives his lapel badge from Secretary.

TINGIRA MEDIA RELEASE 5/20

Tingira Australia Association President, Lance Ker, announced today that former Royal Australian Navy Junior Recruit, Dr. Brad Murphy, from Bundaberg, Queensland, is the winner of the 2020 Tingira Stonehaven Medal.

The Stonehaven Medal is awarded to the Tingira member who can show cause in their local community or present naval duties 'above and beyond the expectations of his communities and normal call of duty'.

Tingira Boys, Ray James, Danny O'Riordan and Greg Read were also finalists in this years nomination list from members of the association. Brad Murphy was judged as the most outstanding of the four candidates in this years nominations for his recent industry and community achievements.

"The workload and commitment that Brad has achieved and displayed amongst his Defence and Indigenous community duties left him a standout winner" said Tingira Australia Association President, Lance Ker at a private presentation last week to Brad, family and friends in Bundaberg at a COVID-19 restricted small gathering at his GP Practice when presenting him his medal.

The Stonehaven's origins trek back in history to 1926. Governor-General of Australia, Lord Stonehaven, presented the 'Stonehaven Shield' to the best divisional intake as an annual award to the 15 year old navy 'Tingira Boys' on board the training ship HMAS Tingira in Rose Bay, Sydney. This is the fourth year the medal has been presented by the Tingira Australia Association.

The Stonehaven Medal is donated and supported by the Cumberland RSL sub-Branch, Sydney, for which the Association is most grateful of their continued support.

ENDS MEDIA RELEASE

A second surprise which is happening among us of right now.

Later this evening in Fremantle, Tingira Boys from the West will be presented at their celebration party with the original 'very large' HMAS Leeuwin Crest from the former establishments front gate guardhouse.

It has been donated to our association by CEO, Carol Shannon, of Sail Training Ship Leeuwin. We look to place this historical crest onto the JR Memorial at Leeuwin Barracks as one of our big tasks in the West next year. Perhaps Sunday 12 July with Tingira Day celebrations to follow, just a plan!

DATES and NUMBERS - LET'S LOOK AT FEW

English Clipper Ship Sobraon
Commissioned **17 April 1866**
Maiden voyage **21 November 1866**

26 years later the same ship then became **NSW Nautical School Ship Sobraon in 1892** for the next 20 years on anchor off Cockatoo Island in Sydney harbour.

Then this grand old lady of the sea SOBRAON became **HMAS Tingira 25 April 1912** and was Decommissioned **30 June 1927**

Dates are important and that is why we are here tonight.

Let's start with today - **11 July 2020** - Some more new Tingira history tonight.

When we started this association some nine and a half years ago, we envisaged one day of having a 1,000 members of the 13,000 boys who went through those HMAS Leeuwin gates over the 24 year training period.

Today, we have 749 members on the Tingira books and tonight I would like to welcome number 750 on board.

On Monday this week, serving member the RAN, LCDR Timothy Binns, applied for his membership of the Tingira Australia Association.

Tim is in our ranks this evening, please come forward former Junior Recruit Tim Binns, received your membership certificate and lapel pin.

.....continued

On **Tuesday 13 July 1960** - 155 boys aged 15 years of age from all corners of Australia were recruited into the first intake of navy new Junior Recruit Training Scheme. These new young sailors were in for a new life. A 12 month training program at HMAS Leeuwin, East Fremantle to become the next generation of sailors that would become the "Pride of our fleet"

Located on the Swan River, 3kms from the centre of Fremantle, this was the most picturesque and best equipped school yard in the country!

Over the next 12 months 142 of those boys from the first intake would graduate, spend 12 months at sea on a ship looking at the service categories. Then they were posted to naval shore establishments, train into a category and then rejoin the ships of the fleet, some were still just 17 years old! Over the following decade many did the same and sailed off onto to frontline war zones with the Vietnam conflict.

So it is these boys of the FIRST intake that set our course. There lays the date TINGIRA Australia Association has adopted to commemorate and celebrate our true birthdate in this day and age, 13 July 1960. That's 60 years ago this weekend.

We couldn't do **25 April 1912**, the day that HMAS Tingira commissioned, that became Anzac Day three years later, no celebrations there.

The day HMAS Leeuwin closed, **11 November 1986**. Remembrance Day, again not one of celebration or happiness. Ask Gough Whitlam on that date of 11 November, he got sacked on the steps of Parliament House, right or wrong it was sad day in our history.

Same date again, 11 November - A young lad in Melbourne Jail, had a few famous words that day "such is life" before he was hanged. For Ned Kelly, November 11 was not a day of celebration in our history.

As a committee we waited a few months until we found a date that we could all remember, as the day we started our new Tingira Australia Association.

With the steering committee in place, led by our inaugural President, Chris Perrin. "Fill in a form, send to NSW Fair Trading Dept for Minister, Victor Dominello to sign off on, that's all, we would be away" he instructed the Secretary, how easy could it be?

As the Secretary I then I saw an opportunity. We can be part of this Tingira history and from here forward we will add to the chapters and pages. This is our turn to make our date stand out, become part of this history chain, we needed something to hang our caps on.

"The date is the key" the Secretary informed the President.

"It's just numbers" said the President, "a combination of 4, 6 or 8 digits, however you want to write it. It's just a bloody date" he said to me. I replied "yes, but you may have to wait a long time for this trick again, like 100 years!"

Surprise number three - For the 2020 JR Reunion tonight was to be the unfurling of our new ANZAC Day banner, one for each state representative. Here it is, under the silk up here on Tingira memorial this evening, our new ANZAC Day march banner and the new Tingira display banner as well.

There are four others banners also being unfurled this evening at this Tingira birthday celebrations in Cairns, Brisbane, Canberra and Fremantle.

In true NAVY tradition this evening I call upon our youngest Associate Foundation member Tingira Australia Association, Donna Par, and our most senior Associate Foundation member Tingira Australia Association, Ruth Harman, to unfurl our two new banners, some more Tingira history.

Ladies please step forward and drop the silk covers.

The date Tingira Australia Association were formed

"All the ONES 1-1-11"

This was the day we signed the application that was successfully accepted with our new name, Tingira Australia Association.

Tonight you are privileged to see this Memorial in what we call DRESS SHIP - with all naval nautical flags and pendants aloft - as an iconic imagery of celebration and happiness for all to enjoy.

A big thank you to the lads in Parks and Gardens at Woollahra Council, who gave this park area and Tingira Memorial a good clean up and a quick maintenance makeover during the week, very much appreciated.

This memorial will also become one of our next big projects to push forward with the next upgrade of Tingira Memorial bringing the full history of Tingira sailors to the forefront.

That's the 2020 history lesson for tonight, this is the greatest asset we can now bring to this association.

As much as we would all liked to have been in Perth this weekend, the occasion forced this committee to complete a project we had running from day one. We finally published 'OUR LIFE TIME VOYAGE' a two volume set of the history to date of all things Tingira relating from Sobraon, Tingira, Cerberus and Leeuwin. A second print run is about to be negotiated as demand has commenced from the first print run.

HMAS Leeuwin is what tonight is all about, that first intake 60 years ago. We have on display one of our five famous life buoys, the Leeuwin ring is here on Tingira Memorial tonight.

On finishing I will quote the latest words from our President, Lance Ker, at his presentation of the Tingira Stonehaven Medal last weekend on this very memorable occasion tonight.

"Every day - is a new Tingira day in our history. Thank you, for being part of our history - today"

LEEWIN BARRACKS

East Fremantle Council - July Update

Future of Leeuwin



WA's 'Combat Scribe'
JEFF WAKE

Tingira Australia Association committee man, Jeff Wake, has been appointed to a Tingira Australia sub-committee 'Future of Leeuwin'.

Jeff continues to keep the Tingira membership informed via Secretary of all national and statewide Statements, Minutes, Advertisements and Media as presented on the 'Future of Leeuwin' base at East Fremantle, WA.

Jeff will be the only endorsed representative of Tingira Australia Association at this stage for all future and relevant Defence, Navy, Leeuwin and local Community meetings and correspondence regarding Leeuwin Barracks.

This sub-committee is expected to last for three to five year period at this stage until the final settlement of the Leeuwin site and future developments.



In late 2019, Defence via a Market Sounding process, sought feedback from the property development industry to gauge the potential for the site's future sale and development. Doing so is the latest step towards realising the Leeuwin Vision Plan which was endorsed by Council in 2017. This Vision will inform an amendment to the Town Planning Scheme that will ultimately come to the Town for assessment.

The Market Sounding process indicated that there would be both interest in and the capacity for creating a mixed-use site which contributes to housing, community amenity, public open space and small scale local commercial businesses whilst protecting heritage values, consistent with the Leeuwin Vision Plan.

Defence is continuing to work collaboratively with the Town of East Fremantle and the Western Australian (WA) Government to ensure that an outcome is achieved which is appropriate to the neighbourhood and delivers the objectives listed above.

For the next stage of the project, a Metropolitan Region Scheme amendment and Local Planning Scheme amendment will be developed to establish a suite of Development Principles and requirements. These will guide the future development of the site to deliver an outstanding result at this iconic and precious location within the East Fremantle community.

A process of community consultation was to occur in the first half of 2020. However, consistent with social distancing measures in place as a result of COVID-19, the process of consultation will be rescheduled. At an appropriate time, community members and stakeholders will be invited to learn more about the site, speak with the project team and share their thoughts about Development Principles for the site.

The Town and Defence look forward to re-engaging with the community and stakeholders. Further details on opportunities for participation will be made available at an appropriate time.



Factsheet: Sale of Leeuwin Barracks, Western Australia

Defence has identified the 14.30 hectare property known as Leeuwin Barracks (the site) as surplus to Defence capability requirements. Proceeds from the sale will be reinvested in support of the Australian Defence Force.

The site is located at Riverside Road in East Fremantle, Western Australia (WA), 6158 and is outlined in red in the below map.



The Navy Cadet (Training Ship Perth) and Preston Point facilities, near Leeuwin Barracks (also outlined in red), are enduring and will not form part of the Leeuwin Barracks divestment.





When will the site be sold?

The sale is expected to be completed by 2024. Defence intends to relocate the current functions of Leeuwin Barracks to the nearby Irwin Barracks in Karrakatta. The finalisation of settlement and land transfer of Leeuwin Barracks will remain dependent on the completion of the Irwin Barracks redevelopment.

Who is going to buy the site?

Any party who is eligible to purchase property in Australia can participate in an open market process.

What can the new owner do with the site?

Defence, in consultation with the Town of East Fremantle and the WA Government will undertake a Metropolitan Region Scheme and Local Planning Scheme Amendment process to ensure that the site is appropriately re-zoned prior to sale.

Any purchaser will be required to comply with the regulatory requirements of WA environmental and planning authorities and the Town of East Fremantle planning requirements.

Is Leeuwin Barracks contaminated?

Defence commissioned an independent environmental consultant, GHD, to undertake an assessment of the contamination on the site. GHD confirms that there is minor contamination including the presence of asbestos and fuel residue. The contamination does not present an immediate risk for existing land uses, or preclude any future uses of the property with appropriate localised remediation. Defence will provide all environmental assessment reports to potential purchasers as part of the future sale process.

Is Leeuwin Barracks heritage listed?

Leeuwin Barracks is not included on the Commonwealth Heritage List. Leeuwin Barracks is included on the Town of East Fremantle Municipal Inventory for its local heritage significance and will be subject to local planning controls post-sale. In June 2019, the Heritage Council of Western Australia began its assessment of Leeuwin Barracks for possible inclusion on the State Heritage Register under the Heritage of Western Australia ACT 1990.

As part of pre-sale due diligence activities, Defence commissioned an Indigenous Consulting company, PwC Indigenous Consulting, to undertake an Indigenous values assessment and work with the Whadjuk Working Party, the elected body that represents the Traditional Owners of the Perth region, the Whadjuk Noongar People, to identify any indigenous heritage values and propose an appropriate approach to Aboriginal heritage assessment and management.

Defence also commissioned a heritage service provider, Element, to complete a historic heritage assessment, including assessing WA State heritage criteria.

The Heritage Assessment confirms the presence of heritage values, including the Drill Hall, the Parade Ground and the Junior Recruits Memorial. Defence is working with the Town of East Fremantle and the WA Government to ensure these values are protected after sale.

Defence will make the heritage assessments available to purchasers as part of the future sale process.

Defence recognises community interest in the protection of the Junior Recruits Memorial. The site master plan is expected to retain the heritage values of the site, including the preservation of the Junior Recruits Memorial. In addition, Defence will ensure that protective measures are included in the contract of sale.



BOOMERANG

HMAS Leeuwin Crest - Home In the West



WA LJR, Paul Kalajzich, accepts the old front gate HMAS Leeuwin Crest from STS Leeuwin, CEE Carlo Shannon, on Tingira Day at the Tingira function at Tradewinds Hotel, East Fremantle

West Australian Tingira Boy, Paul Kalajzich, stood very proud on Tingira Day at the Tradewinds hotel, east Fremantle, when he received a 'boomerang' gift from CEO Carol Shannon of the Sail Training Ship Leeuwin.

Back in 1986 at the closure period of HMAS Leeuwin and about the time STS Leeuwin was commissioned, someone donated the large steel HMAS Leeuwin crest to STS Leeuwin for future use and prosperity.

"Since I have been on board STS Leeuwin, I have seen this lovely old large HMAS Leeuwin crest in the

corner of our storeroom for many years" said Carol.

"When I met with Paul early last year to organise the sail days on board STS Leeuwin for the 2020 JR Reunion, I had an instant thought it was a good opportunity to 'boomerang' and gift the crest back to the Leeuwin 'Tingira Boys'. I knew they would find a better and more suitable future home for this outstanding piece of craft work than to gather more dust in the corner of our workshop storeroom".

With the handshake complete, the deal was done for Paul and Carol, for now the immediate plan is to get this crest back inside the Leeuwin gates

as soon as possible. Preferably mounted to the front side of the JR Memorial where the crest will see our true navy brand of the HMAS Leeuwin ships crest displayed to the general public in good faith for many decades to come.

In the short term, well known Tingira Boy and local navy history expert, Greg Humphris, will be the custodian of our Leeuwin crest adding it to his extensive naval collection memorabilia on display at Rockingham until the Leeuwin JR Memorial plan is in place. An ownership MOU is in place between Greg and the Tingira Australia Association for the HMAS Leeuwin Crest.



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CUMBERLAND RSL Sub - BRANCH

COVID-19 Support Packages



Cumberland RSL sub-Branch President, Greg Read SC, presents the first COVID-19 support pack to Cumberland RSL member and Tingira Associate Foundation Life Member, Ruth Harman

Cumberland RSL sub-Branch has been a generous partner to the welfare needs Tingira Australia Association since our inception in 2011.

Whilst the RSL works closely with its local members, the organisation also reaches out to the many veterans that are not RSL members and outside their normal boundaries.

"We are all part of one big veteran family" says their Cumberland President, Greg Read.

"Our duty is to help and support as many veterans as possible, when in need and opportunity arises. We see the Covid-19 lockdown across the nation as an opportunity to reach out to many veterans.

"To remind members the RSL is very much a leading role in the whole veteran community and that Tingira members are thought of highly when it comes to national support" said Greg when recently presented the first Covid-19 support pack to one of his RSL sub-branch members who is

also a Tingira Foundation Associate member, Ruth Harman.

Cumberland RSL sub-Branch is donating five 'COVID-19 Care Packs' per week to Tingira members from September onwards. Members will be drawn at random from the Secretary's current membership list.

Watch your doorstep over coming months for an Aust Post delivery box of 'RSL support goodies' if you are one of the many lucky ones.



CUMBERLAND RSL sub-Branch

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www.cumberlandrslsubbranch.org.au



DAZZA'S DAFFODIL DAY WALK

FRIDAY 28 AUGUST 2020

RAISING FUNDS FOR LIFE-SAVING CANCER RESEARCH IN WA



IN MEMORY OF STEVE BLASDALE

Former HMAS Leeuwin - Navy Junior Recruit

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APPROXIMATELY 44 KMS**

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OR JOIN THE WALK**

FOR MORE INFO EMAIL DAZZASDAFFODILDAYWALK@GMAIL.COM



Memory inspires volunteer

Lucy Jarvis

THE memory of a friend and hope of finding a cure for cancer motivate a Perth man to volunteer in annual fundraisers.

Every August, Daryl Walton (54) dons a bright yellow suit and sells Daffodil Day paraphernalia to help raise funds for the Cancer Council WA.

The postie first volunteered for the cause in 2017 when his best mate Steve was diagnosed with stomach and liver cancer aged 51, a month after doing a half marathon in Busselton.

"It completely floored me and I just couldn't believe how this could happen to such a fit man," Daryl said.

"He had participated in multiple Ironman competitions and was a very healthy guy but as I have come to realise, cancer has no prejudice on who it attacks.

"It was terminal and he was given three weeks to live."

In a bid to spend more time with his family, Steve had chemotherapy treatment and lived for another year and 10 days.

Daryl said the Cancer Council's support for Steve and his family through counselling services was part of his motivation to volunteer.

He said he also wanted to increase awareness of the disease and "raise funds so



Daryl Walton (right) with his wife Shane Abbott (centre) and Steve's wife Trish Blasdale (left) in 2019.

hopefully one day they will find a cure".

Daryl said one of his most cherished memories was of his first volunteering experience on Daffodil Day.

"Steve called me to say how proud he was and that he wished he could visit me at the shopping centre, but was having chemo that morning and it knocks him around too much," he said.

the occasion."

The Daffodil Day motto 'For Someone I Know' first drew Daryl to the cause and he said volunteering had been such a rewarding experience that he wanted to continue helping.

"It is one of the most rewarding things to see the smiles on people's faces and the thanks you receive for helping such a worthy cause," he said.

"It can be very emotional with many people telling you their stories, but it makes you realise just how many people are affected by cancer. It makes you feel so good afterwards that you've done your piece and helped raise awareness."

Cancer Council WA's people and culture co-ordinator Fiona Cunninghame said National Volunteer Week, which runs from May 18 to 24, was an opportunity to celebrate volunteers in the community.

"In the 2018-19 financial year, 1156 Cancer Council WA volunteers contributed 62,323 hours," Ms Cunninghame said.

Daffodil Day will be held on August 28 and at this stage the Cancer Council WA is not planning its usual street appeal due to the COVID-19 pandemic.

"However, he was determined to surprise me so his wife Trish drove him all the way from Joondalup to Canning Vale.

"I'll never forget it. Steve snuck up behind me and gave me a big hug, which brought us both to tears.

"I have since volunteered every Daffodil Day and now have a yellow suit tailor-made especially for



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JR SAVVAKIS

Navy Cadet - JR - Commander - CO



Commanding Officer HMAS Moreton, Commander Gerald Savvakis, poses with the life buoy of his former Australian Navy Cadet unit, Training Ship Gayundah.

Storylines
SBLT Nancy Cotton
Image
WOIS Shane Cameron

When Queensland boy Gerald Savvakis joined the Australian Navy Cadets, he never imagined he would one day return to where it all began as a fully fledged Navy Commander.

It's often a Navy Cadet's dream to join the Royal Australian Navy, serve in a warship and see the world. Gerald Savvakis made the dream a reality.

Now, having achieved the rank of Commander, he serves as the Commanding Officer HMAS Moreton in Brisbane.

In the late 1970s, Cadet Savvakis was a Signaller and attained the rank of Cadet Leading Seaman.

With a vision of a career in the Navy, he joined as a Junior Recruit at HMAS Leeuwin. The skills he had acquired as a Navy Cadet provided him with a solid foundation, but he could never have predicted how his career would play out.

Born and raised in Brisbane, Commander Savvakis has a long affinity with South East Queensland. To find himself returning to the area as its Senior Naval Officer is a unique experience and he feels it's almost too perfect to be a coincidence - it seems more pre-ordained.

Gerald Savvakis served at sea as a Signaller in HMAS Tobruk, Stalwart, Jervis Bay, Darwin and Parramatta, before returning to shore as Commander Australian Naval Support Command at HMAS Kuttubul and HMAS Moreton.

A break in his career allowed time to study and start a family, and he then re-joined the Navy in 1996 to undertake the new entry Officers course at HMAS Creswell, pursuing a career as a Seaman Officer.

Commander Savvakis remembers seeing the Commanding Officer of HMAS Moreton when he

was a Cadet, and thinking "he must be important!"

"If I could now stand beside a young version of myself, remembering that, and seeing where I am now, it's just unbelievable," Commander Savvakis said.

The Australian Navy Cadets provides young people with a structured program focussed on leadership, team building and self-development. It plays an influential role in their lives, especially for those pursuing a career in the Royal Australian Navy.

"I cannot understate the affect Navy Cadet Instructors can have on a young person," Commander Savvakis said.

"They instil values, responsibility and a strong sense of community.

"They are important in shaping the lives of Cadets, which prepares them going forward as young adults.

"A significant mentor for me as a Cadet was Australian

Navy Cadets Captain Ian Fraser. I now attend functions representing the Navy and Ian is often there representing Cadets.

"As a Cadet I looked up to him, he instilled values as a mentor and was instrumental in where I am today.

"I'm proud of my time at Training Ship Gayundah and what that represents to the Navy with its rich history.

"Cadets need Instructors of good standing, and to some degree a broad understanding of the Royal Australian Navy, to impart that knowledge; otherwise it would be just another youth scheme.

"I appreciate attracting adult members to regularly give their time and pass on their experience and knowledge is a challenge, however good instructors are critical for Cadets of the future," Commander Savvakis said.

45 YEARS of SERVICE

13 Years at Sea - Not Done Yet

Storylines
MIDN Jack Meadows
Image
POIS Bradley Darvill



Vice Chief of the Defence Force, Vice Admiral David Johnston, AO, RAN, presents Commander Michael Moore with his second Federation Star as CMDR Moore retires from the permanent RAN after 45 years of service.

Friday 17 July marked the last day of Commander Michael Moore's 45 year-long career in the permanent Royal Australian Navy.

To commemorate his long and highly distinguished career, Commander Moore was presented his second Federation Star and Long Service Certificate by the Vice Chief of the Defence Force, Vice Admiral David Johnston.

Commander Moore's wife Janelle observed the presentation at Australian Defence Force HQ in Canberra, as did other members of his family and a number of Defence members he served with. Vice Admiral Johnston thanked and congratulated Commander Moore on his remarkable achievements in the Royal Australian Navy.

"His contribution to the Royal Australian Navy, and in turn the greater safety of Australia, is highly commendable.

"His lengthy sacrifice and dedication to our country deserves the highest recognition.

"Thus, I'm privileged to present Commander Moore with his second Federation Star," Vice Admiral Johnston said.

Commander Moore enlisted in the Royal Australian Navy as a Junior Recruit at HMAS Leeuwin, 14 July 1975.

Graduating from HMAS Cerberus as a Seaman Radio Operator, Commander Moore went on to serve aboard the destroyer and was a member of the commissioning crew of the guided missile frigate HMAS Sydney.

In 1989, he decided to commission and graduated from HMAS Cerberus as a Naval Officer.

Posted to HMAS Success during Gulf War I, followed by his second posting to Sydney, where he gained his Bridge Watch keeping Certificate in 1990. He subsequently served aboard HMAS Hobart, Jervis Bay, Kanimbla, Fremantle, Flinders, Tobruk and Brisbane.

Commander Moore was selected as Commanding Officer of HMAS Gladstone 2005-06, HMAS Hawkesberry 2007-08, HMAS Larrikin in 2015-16.

Commander Moore has spent more than 20 years posted to ships, and over that time has spent 4,770 days at sea – which equates to more than 13 years!

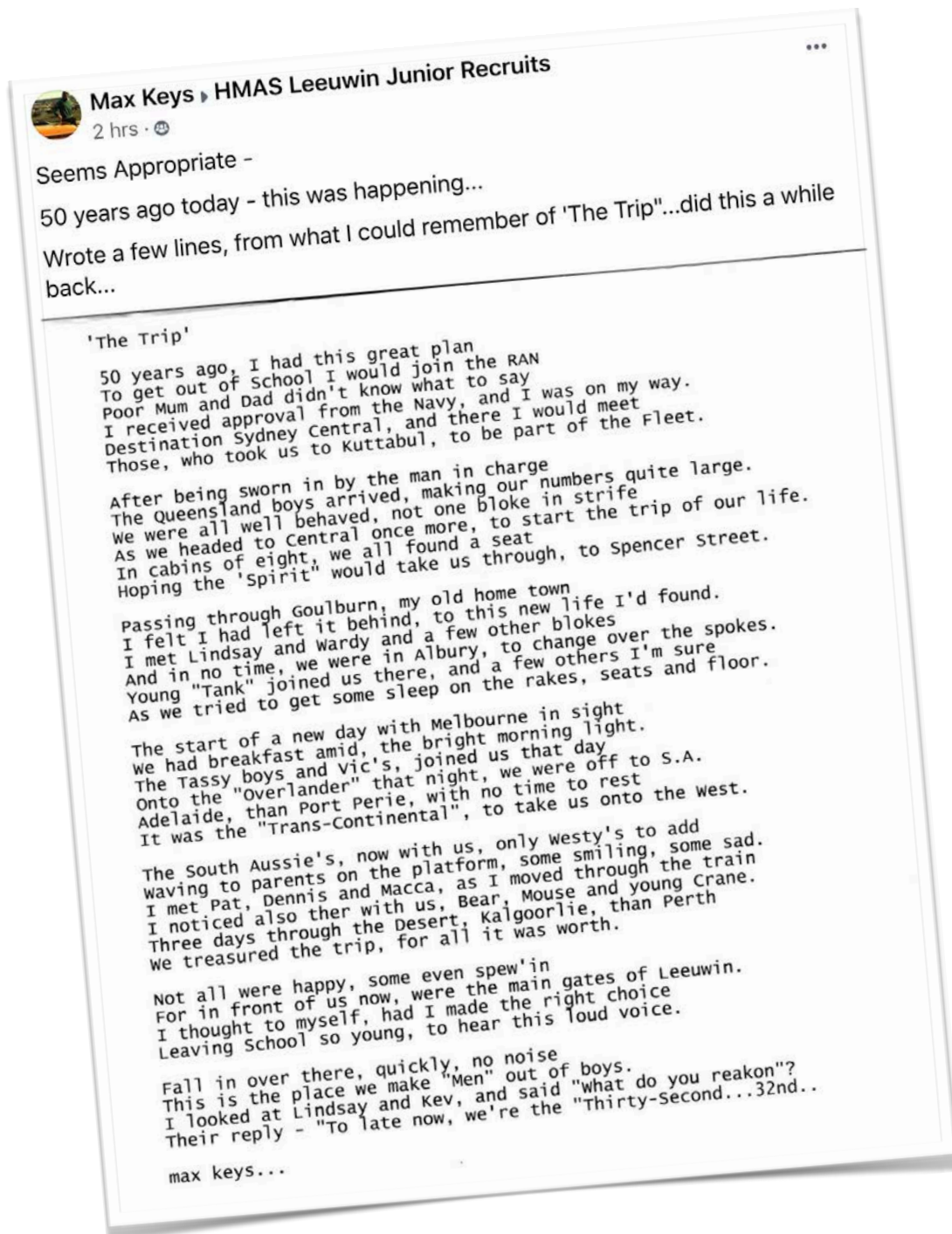
The presentation ceremony for his second Federation Star was a complete surprise to Commander Moore and he was grateful to see his family, friends and Naval College classmates in attendance.

"I have had a remarkably good career and been very fortunate, especially in having three commands, and I owe a great deal of it to the support of my wife, Janelle, and my family," he said.

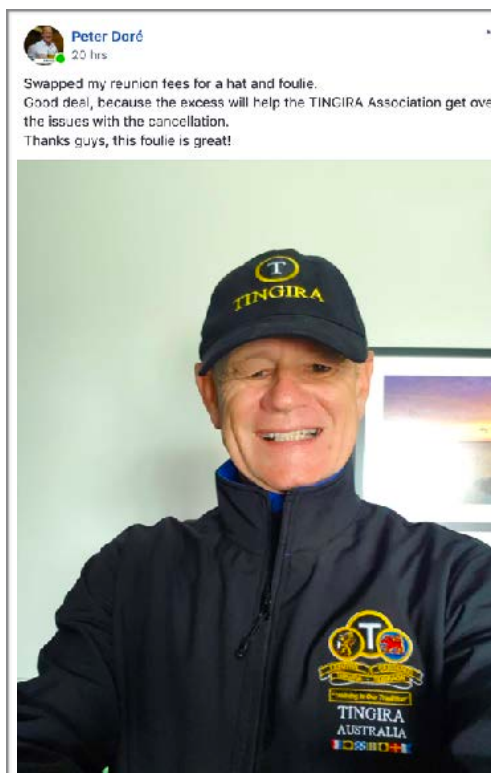
Commander Moore's service record includes operational service in operations RESOLUTE, ANODE, RELEX II, CRANBERRY, SLIPPER, WARDEN, INTERFET and DAMASK X.

He looks forward to continuing his involvement with the Navy as a Reserve officer on a continuous full-time service posting.

TINGIRA BOYS - Representing Tingira in their Community



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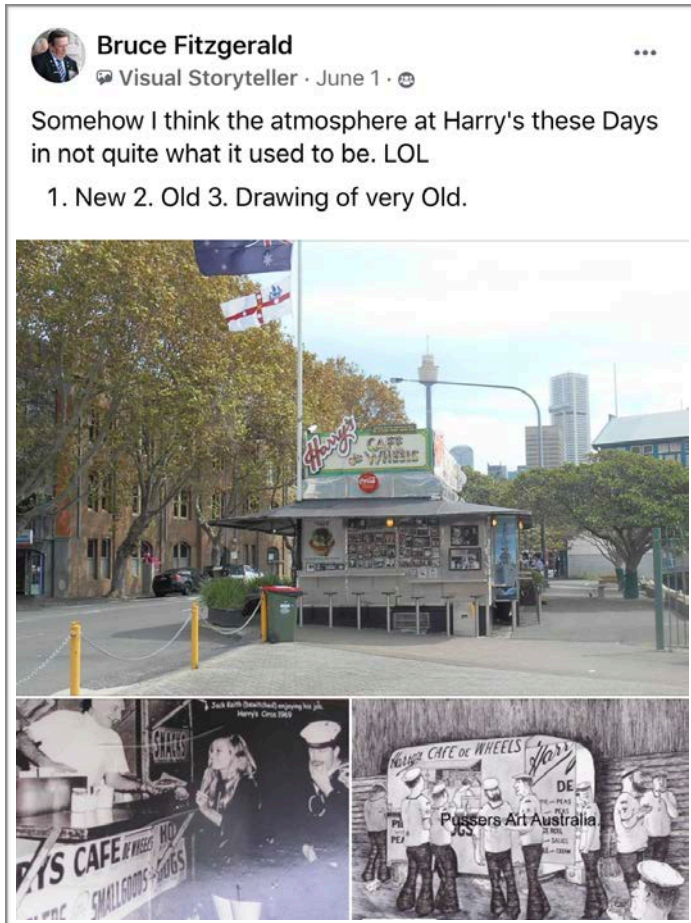
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NAVY MEMBER PROMOTION



We read about many of our Tingira navy members who are still serving, receiving their Officer Commission and or 40 year Service Bar, here's a different angle on the editors desk recently, a promotion!

Young Tingira ASSOCIATE member, Brandon Ker, WAS RECENTLY promoted to Leading Seaman at HMAS Stirling in his course of duty as a Maritime Logistics Supply Chain member. Congratulated by Warrant Officer, Jack Parnell, and a few shipmates on reaching the new rank.

Brandon is looking forward to the next stage of his naval career where he hopes to become part of the RAN submarine service in the near future.



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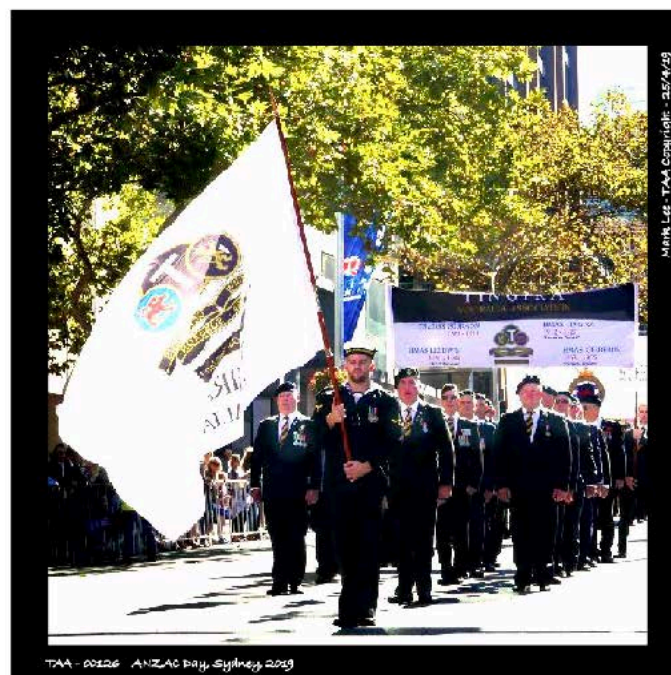
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*The Military Beret has been reproduced for current serving members, cadets and ex service organisations. Various colours and sizes (see fitting gallery) easy fitting with vinyl trim and eyelets **\$19.99***



*This Junior Sailors insignia has been reproduced for current serving members, cadets and ex service organisations. This badge complies with DOD policy standards and has a double pin butterfly on rear. **\$7.99***



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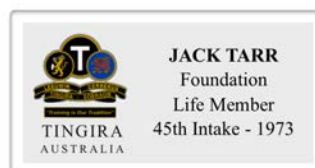
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Australian Navy Cadets – TS Tingira

Australian Navy Cadets (ANC) is a leading provider of youth development experiences for Australian residents aged 12½ to 19 years old, sponsored by the Royal Australian Navy. It aims to build teamwork and leadership skills in young people through exciting and rewarding maritime activities and quality learning opportunities.



Adventure and fun are the key ingredients for activities covering everything nautical from sailing, knots, powerboating, seamanship and marching, to camps, ceremonial parades and events, sailing regattas and interstate trips. We also help you learn skills you will need in the future: leadership, teamwork, self-confidence, independence, resilience, trust and respect.

The life skills that Cadets learn complement their academic achievements and stand them in good stead for rewarding careers.

How do I join?

Come and visit the unit, based at HMAS Cerberus in Crib Point for a few weeks see if you like it, then complete the application paperwork. Once this is complete and the joining fee is paid we kit you out with your uniform (on loan) and welcome you to TS Tingira.

For more information email us at:

tstingira@navycadets.gov.au

